



REGIONAL PARTNERSHIP GRANTS

GRANT PERIOD: 2017–2022

COMMUNITIES OF HOPE

LEAD AGENCY: Mountain Comprehensive Care

TARGET SERVICE AREA: Johnson, Martin, and Floyd counties

LOCATION: Prestonsburg, Kentucky

ADMINISTRATION FOR CHILDREN AND FAMILIES REGION: 4

CONGRESSIONAL DISTRICT SERVED: KY-005

BRIEF PROGRAM DESCRIPTION

PROGRAM DESCRIPTION: Communities of Hope is achieving the desired outcomes by developing an Intensive Outpatient Treatment Program to address the needs of parents/caretakers with substance use disorders (SUD). The project consists of an initial orientation and three subsequent phases of care moving from intensive SUD treatment to early recovery services, maintenance, and continuing care. Services are integrated with mental health and trauma-informed care, case management, peer recovery supports, and parenting and life skills training. In addition to the parent/caregiver, children are screened and assessed with connections to a wide array of existing age and developmentally appropriate mental health, trauma-informed, and SUD treatment programs. Comprehensive family services, counseling, and case management are also provided to integrate individual family member's needs with the collective needs of the entire family to move toward greater functioning and stability.

TARGET POPULATION: Communities of Hope serves adults that have a substance use disorder and children under the age of eighteen in out-of-home care or at risk of being in out-of-home care.

PROJECTED NUMBERS SERVED: Communities of Hope will serve 320 families over the course of the project—40 families in year one and then 70 families in the next four years.

MAJOR PROGRAM GOALS

GOAL 1: Increase the well-being of children who are in an out-of-home placement or are at risk of being placed in out-of-home care because of a parent or caregiver's SUD.

GOAL 2: Improve the permanency and safety of children who are in an out-of-home placement or are at risk of being placed in out-of-home care because of a parent or caregiver's SUD.

GOAL 3: Improve adult recovery from SUD.

GOAL 4: Improve family functioning and stability.

KEY PROGRAM SERVICES

- Clinical Training
- Developmental Services
- Home Visiting Services
- Incredible Years
- Information Sharing and Data Analysis
- Intensive/Coordinated Case Management
- Living in Balance
- Nurturing Parent Program
- Screening and Assessment
- Seeking Safety

- SUD Treatment for Youth
- Trauma-Informed Services
- Therapeutic Foster Care

PARTNER AGENCIES AND ORGANIZATIONS

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| <ul style="list-style-type: none"> • Kentucky Department for Community Based Services, Eastern Mountain Service Region • Floyd County Family Court • Johnson/Martin County Family Court • Johnson County Board of Education • Martin County Board of Education • Johnson County Library • Big Sandy Area Community Action Program | <ul style="list-style-type: none"> • Big Sandy Health Care • Appalachian Research & Defense Fund of Kentucky • Housing Authorities of Paintsville and Prestonsburg • Kentucky Department of Behavioral Health, Developmental and Intellectual Disabilities |
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EVALUATION DESIGN

The local evaluation of the Mountain Comprehensive Care Center program has an impact, process, and partnership study. The grantee is also participating in the Regional Partnership Grant (RPG) cross-site evaluation studies of family and child outcomes, program implementation, and collaboration between RPG grantees and partners.

IMPACT STUDY DESIGN

The grantee will be using a quasi-experimental design to examine the impact of its RPG services. Members of the program group will receive Intensive Outpatient (IOP) substance abuse treatment delivered by a team of providers including a clinician, peer support specialist, and family case manager. RPG services are expected to last 9 months and consist of an initial orientation and intensive care in three stages moving from: (1) intensive substance abuse treatment; to (2) early recovery services; to (3) maintenance, featuring integrated mental health care, trauma-informed care, case management, peer/recovery supports, and parenting and life skills training; and finally (4) continuing care. Members of the comparison group will reside in an adjacent and demographically similar county and receive typical outpatient substance abuse treatment. The impact study will include 640 families, with 320 in the program group and 320 in the comparison group. The grantee will examine impacts in the following domains: permanency, safety, child well-being, and recovery.

Data sources include administrative data and information gathered by data collectors who will be using standardized instruments. The evaluation coordinator will collect data by phone for both the program and comparison groups. Data will be collected for each family: (1) at intake (before families begin services); and (2) six months after intake, which will likely be during services for the program group and near the end of services for the comparison group. Additional follow-up data after program completion will come from administrative data sources for both groups.

PROCESS AND COLLABORATION STUDY DESIGN

In the process study, the grantee will examine client recruitment and retention, how well the program performs on providing services, and how well the services provided to clients match their needs. The grantee will examine partnerships by measuring the quality and quantity of community partnerships formed and the formal referral processes that are established. Data sources include client records, program documentation, interviews with frontline staff and

parents, and information gathered during monthly (first 6 months) and quarterly (months 7 to 60) partnership meetings.

SUSTAINABILITY STRATEGIES AND ACTIVITIES

Mountain Comprehensive Care Center (MCCC) utilizes a varied financial structure to ensure the long-term sustainability of its programs. MCCC senior staff collaborate with a national grants consulting firm to develop annual and multi-year comprehensive funding plans with specific sources targeted and accompanied by implementation steps. Some potential resources to sustain the work of Communities or Hope are the Coal Severance Tax allocations. MCCC will review existing programs to look for integration opportunities that will assist with sustainability. MCCC has also established billing rates with Medicaid, Medicare, Managed Care Organizations, and insurance groups to maximize billing for specific interventions.

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